



## Yakima County Medical Program Director

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# Memo

To: All EMS Agencies & Providers

From: Robert E. Johnson, MD  
Medical Program Director

CC: Candace Hamilton, EMS Manager  
Richard Porter, EMS Coordinator

Date: April 30, 2009

Re: Swine Flu Precautions

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With the rising concern of a possible flu pandemic with the Swine Flu, as a precautionary measure, all emergency providers giving care to individuals with flu like symptoms should wear approved HEPA masks or N95 masks issued by their department. If none of those is available, a simple mask may be used to provide minimal protection.

Some of the symptoms may present as:

- high fever
- body aches
- headaches
- coughing
- sore throat
- diarrhea
- vomiting
- fatigue and chills

As with any concern of illness, viral or bacterial, the best measure of prevention is hand washing. Wash hands vigorously for 2 minutes with a mild antibacterial soap with medium warm water.

We will provide additional alerts or information as it becomes available.